



Douglas County Senior Advisory Council
Meetings & Minutes
Douglas County Senior Center
2300 Meadow Lane, Gardnerville, NV 89410

Phone: 775-783-6455
FAX: 775-783-6457

The regular meeting of the **DOUGLAS COUNTY SENIOR SERVICES ADVISORY COUNCIL** was held on Monday, **January 14, 2013** at the Douglas County Senior Center, 2300 Meadow Lane, Gardnerville, Nevada.

Bob Cook – Chairman
Kevin Servatius – Vice Chairman
Marion Barritt-Secretary/ YAH rep
Robert Schultz –Council Member
Scott Morgan -Staff Representative
April Walker-Senior Office Assistant
Senior Services

Tom Ingham- Council Member
John Swain- Council Member
Felix Lockwood- Council Member
Travis Lee-Senior Services/
Transportation Manager (Arriving late)

Absent: Tom Ingham, Paul Lockwood

Public Attendees: Barry Penzel, Debbie Posnien, Denise Pierini, John Lufrano, Kathryn Clark, Chris Johnson

1. Call to order at 8:15 am by Chairman Cook.

2. **Approval of January 14, 2013 Agenda:**

MOTION: To approve Kevin Servatius

SECOND: John Swain

DISCUSSION: None

OPPOSED: None

ACTION: Approved

3. **Approval of December 10, 2012 Minutes:**

MOTION: No Action Taken

SECOND: No Action Taken

DISCUSSION: None

OPPOSED: None

ACTION: Approved

4. **Public Comment:**

Travis Lee wanted to thank the Carson Valley Medical Center for the \$25,000 executive sponsorship for the DART transportation. This will be a wrap for this advertisement. Walmart's grand opening will be 1/23/13.

Barry Penzel commented that the Senior Health Fair will be coming up on 1/23/13 at the Carson Valley Inn.

5. Presentation by Debbie Posnien on Suicide Prevention in Douglas County

- a. Debbie Posnien handed out a flyer that addressed the amount of suicides that happen nationally, and that also take place in Douglas County. Debbie also reviewed why there is a potential higher rate in Nevada since 1929. Some of the key factors that contribute to elder suicides are:

- i. Loss of spouse

MAILING ADDRESS: P.O. Box 218, Minden NV 89423

- ii. A late onset depressive disorder
 - iii. A debilitating and or terminal illness
 - iv. Severe chronic/intractable pain
 - v. Decreasing independence and self-sufficiency
 - vi. Decreased socialization and social supports
 - b. Risk often accumulates among the elderly. An individual may be white, male , and or an alcohol abuser, and then become a widower or depressed.
 - c. Barry Penzel invited all in attendance to a Dancing with the Stars in Douglas County fundraiser. March 22, 2012, at the Carson Valley Inn.
 - d. Lastly, there was some discussion regarding the inaccurate statistics that are currently misleading regarding seniors that committed or attempted suicides in Douglas County.
6. Update by Scott Morgan on the status of the Community & Senior Center Foundation, Design Team and timeline determined for future projects.
- a. The dirt pad is 99% done, well ahead of schedule and well under budget. We are going to save about 60K below the contracted amount. We were also able to mitigate usable space on sight with FEMA which will help with Lampe Park capacity.
 - b. Also we will be looking to this summer to widen the Waterloo lane widening project.
 - c. We are currently evaluating the Design Team projects that were submitted on 12-21-12. On 1/22/13 interviews will be conducted. Then we will be having a technical review on the 1/23/13. Then the design team will be providing action and recommendations toward the end of the month. The goal is to have the recommendation for review by 2/7/13.
 - d. Collaborative Design is very pleased with the responses, and the submittals are better than expected. It appears that we will be getting what we hoped for. We are pleased with the submittals.
 - e. The Board of County Commissioner meeting is where the final submittal will be reviewed. They will be reviewing the application on February 7, 2013.
 - f. The only issue that may arise, is if there is a protest from the design teams that will require a bit of a delay until that is resolved.
7. For possible action: Discussion to approve a 2 day a week lunch program at Indian Hills G. I. D.
- a. Director Morgan took some time to review with those in attendance, an overview with how this process looks. This program has been done in Topaz under this same type of process. In our Strategic plan, it identifies that we are trying to branch out to all surrounding communities to establish satellite centers.
 - b. This is an important step, and a costly step. We had some discussion to establish a volunteer program that potentially could work, but may fade as the luster service wears off. Senior Services staff will be required to maintain this service. It is our recommendation to move towards a paid staff to maintain a stable commitment to Indian Hills.
 - c. There is a need to create these partnerships with Indian Hills and other outlying areas. We will need to address the financial impact this will have on Douglas County Senior Services Budget. We want to make sure that we cover all areas before we send in a recommendation to the Board of County Commissioners.
 - d. The Senior Services Manager reviewed two options where a paid staff can work with the desired volunteer base to prepare the food, deliver the food, and assist in serving the food along with volunteers. Option 1, would be to staff a .72 FTE Food Service I staff member that would be tasked with the outreach food service and volunteer coordination of TRE and Indian Hills five days a week. Option 2, would be to staff a .58FTE (1039) Food Service I staff member that would be tasked with the outreach food service and volunteer coordination of TRE and Indian Hills five days a week. The difference between these two options included related with PERS and volunteer coordination. Option 3, to strictly run the program with approved volunteers is not sustainable.
 - e. The potential General Fund impacts could be Option 1- \$54,973 or Option 2-\$25,886. Barry Penzel asked about why we are not including the Tahoe Seniors as part of the proposal.
 - f. Barry Penzel spent some time reviewing his expectation with respect to what he would like to see prior to seeing it at the BOCC.
 - g. Senior Services Manager reviewed the dates when Indian Hills had Senior Community Assessments that compiled the needs that currently are being presented to the Senior Advisory Council Meeting. The proposal and interest to provide congregate dining was ranked at the top need for Indian Hills residents.

- h. Barry Penzel also reviewed how tight the County budget is and the competing interests that currently utilize General funds. He also reviewed the property tax changes that will potentially impact the counties budget.
- i. Marion Barritt commented that the overall need to request the \$25,000 from the Board of County Commissioners, will provide for the .58 FTE position mentioned by Senior Services Manager Lee. Marion Barritt mentioned that we should add to the report "Option 1 and Option 2".
- j. Kevin Servatius reviewed in his long time involvement with Douglas County, how little Douglas County supports Senior Services, and what is the total percentage of county funds that provide programs for seniors. We spend very little dollars on senior programs and services. Please take some time to think about senior needs for the future with our growing senior population in regards to the New Senior Center and Community Center.
- k. Director Morgan reviewed all of the soft costs that will be provided by Indian Hills. Indian Hills will be providing a space for the congregate dining, lighting, warming kitchen, chairs and tables, so we can make the congregate dining happen.
- l. Director instructed to review this one more month to get thing ready for a final decision at our next meeting.

No motion taken:

Directive: Robert Schultz to pursue the .58FTE position and provide at our next meeting a short term costs and a long term costs.

SECOND: Marion Barritt seconded this motion and requested we get this fast tracked as soon as we can.

DISCUSSION: No action taken

OPPOSED: None

ACTION: No action taken due to needing more information to solidify a clear decision to move forward with the .58 FTE Food Service Worker I

Public Comment from Indian Hills was received: There is a core group of residents that are willing to drive the meals back and forth. As residents we have taken upon ourselves to start a car pool to the congregate dining program in Gardnerville.

Kathryn Clark-Ross mentioned how very involved she has been from the beginning. She expressed a lot of interest from local residents who are willing to help serve and provide ongoing recreation programs to lunch attendees. She was instructed by Commissioner Olson that he has informed her that some of the need to construct a new larger building will open the capacity of the kitchen to serve the satellite outlying areas. We are very supportive of this program.

John Lufrano: Mentioned that from the very beginning we have always planned to have a larger group of seniors who will be attending. Also we are aware from the very beginning that there would be a process and time that will be taken to get this done. Senior Services Manager has been very clear from the beginning about the process.

- 8. Update by Travis Lee on the DART Communication Project:
 - a. Senior Services Manager reviewed the most recent progress report for December 2012. Currently we are waiting on supplies to be delivered. There is ongoing discussion to move the project completion date from March 31, 2013 to May 31, 2013.
 - b. Reviewed the Douglas County Connect Nevada Team Award. Director Morgan commented that the DART Communication Project will be the new IT backbone for Senior Services and DART Communication.
- 9. Informational only: Distribution of 2013 Board Roster
- 10. Correspondence: No action will be taken on this item. No correspondence was received.
- 11. Request for possible future agenda items. No action will be taken on this item.

No action was taken.

12. Next meeting may be scheduled for Monday February 11, 2013. No action taken.

13. Adjournment

Chairman Cook adjourned the meeting at 10:30 A.M.